

The aging process of the face starts quite early ,but it is obvious after we turn 25.

The features of the looseness in the face and neck are the reduction in the thickness and elasticity of the skin,the reduction of fat and the reduction of the cohesion between skin and hypodermic.

Wrinkles are skin creases which are created by the movement of the muscles and this is unavoidable. However ,there are some factors that accelarate their appearance and can therefore be prevented such as excessive stay under the sun rays, dry and hydrated skin ,alcohol and nicotine surfeit etc.

INDICATIONS:Those who wish to have a plastic surgery operation are usually over 40 years old.Since every person's skin is different and we only have the chance to have an operation 2-3 times the plastic surgeon, in cooperation with the patient ,is to decide when it is the right time to have a face lift.

OPERATION:The anaesthesia can be local or general ,it depends on the operation (partial or general lifting). On the day of the operation the face should be clean(no cream or make up) and the patient should be fasting for at least 6 hours (before the operation).The duration of the operation varys from 2-4 hours depending on the operation(partial or general face and neck lift).

RESULTS:There is a swelling for about 1-2 weeks. The stitches are removed on the 8th day .It would be wise not to stay under the sun for long under the first postoperative months.The longevity of the result depends on the technique used and the quality of the skin.

